



Today's Date _____

GUEST INFORMATION

Please Print Neatly

Name: _____ Cell phone: _____
First Last

Address: _____

City: _____ State: _____ Zip: _____

E-Mail: _____ Date of birth: _____

Emergency contact

Name: _____ Relationship: _____

Phone: _____

How did you hear about us? _____

What areas of your life do you hope treatment at Saint Augustine Salt Spa will help improve? Circle as many as apply:

Physical Goals:

- Increase Energy
- Pain relief
- Improve Athleticism
- Speed physical recovery
- Headache relief
- Lower blood pressure
- Improve sleep quality
- Speed jet lag recovery
- Improve respiratory conditions
- Strengthen immune system
- Allergy relief
- Promote weight loss
- Stimulate detoxification
- Support skin rejuvenation
- Increase flexibility

Mental Goals:

- Increase motivation
- Improve Concentration
- Improve problem-solving
- Increase creativity
- Increase intuition
- Meditation
- Personal growth
- Elevate mood
- Treat depression
- Increase relaxation

Clinical Goals:

- Reduce stress
- Reduce stress related illness
- Treat Depression
- Anxiety relief
- Treat PTSD symptoms
- Fibromyalgia relief
- Eliminate addictive behaviors
- Treat eating disorder
- Treat cystic fibrosis pain
- Treat cardiovascular illness
- Treat hypothyroidism
- Aid in blood pressure reduction
- Promote wound healing